

## ***HINTS ON HOW TO STAY TOGETHER***



## ***RATHER THAN BREAK APART***



## ***DO YOU WANT A STABLE AND SATISFYING MARRIAGE?***

Join us for our four part series on *Marriage and Marital Spirituality*. Dr. Larry Lenoir will present applicable theories and skill development discussions over the course of four Wednesday evening conferences.

### ***Jan. 11 "Splinters and Planks"***

Using Luke's Gospel (6:27 - 49) as our launching point, we'll talk about the infrastructure for satisfaction and stability within a marriage. We'll talk about the social brain and its development and how that influences behavior.

### ***Jan. 18 "My name is Kennedy, I have to run for office."***

We'll talk about family identity and culture from a systems' perspective, and consider how patterned reactions and behaviors become embedded neurologically and played out as if the rules were never meant to be broken.

### ***Jan. 25 "He Said -- She Said"***

What exactly are we talking about when we talk about communication and dealing with conflict (especially when you're really ticked off)? We'll talk about why your spouse doesn't get you and what you can do about that without resorting to drastic measures.

### ***Feb. 8 "I just need a break!"***

We'll talk about raising children and staying on the same page with your spouse. We'll hit on topics such as ADHD, dating, caring for the marriage, and other topics you need to raise.

Join Dr. Larry LeNoir, LCPC on Wednesday evenings in the school library.

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Questions, please contact:

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